

TCIS High School Sports - Practice Schedule

(Starting Sep 19, subject to change if necessary)

	Monday 4.00 to 4.45	Tuesday 3.45 to 4.45	Wednesday 3.45 to 4.45	Thursday 3.45 to 4.45	Friday 3.15 to 4.00
Gym 4	HS G Basketball	HS G Volleyball	HS B Volleyball	HS B Basketball	HS Badminton
Gym 5	HS Badminton	HS B Basketball	HS G Basketball	HS G Volleyball	HS B Volleyball
Field	HS Softball	HS Soccer	HS Softball	HS Soccer	

- Sign-up form available in all HS Google Classrooms and here:



- Deadline for sign-ups is Thursday Sep 15 (if you want to start on the week of Sep 19).
- Lists will be published on Friday 16. Further opportunities to sign up will exist if you miss this first one.
- Only students that have signed up and are on the list for each group are allowed in practice.
- If you would like to participate in two sports that happen on the same day, you can sign up for both and arrange with the coaches to attend one each day.
- You can also sign up for two sports that practice on different days and attend both.