



# Lunch Menu



| Week day<br>Date | Monday<br>30/03/2020                    | Tuesday<br>31/03/2020               | Wednesday<br>01/04/2020                 | Thursday<br>02/04/2020             | Friday<br>03/04/2020                   |
|------------------|---|-------------------------------------|---|------------------------------------|--|
| Morning          | Fried Egg                               | Fried Egg                           | Fried Egg                               | Fried Egg                          | Fried Egg                              |
| Morning          | Stir-fried Pork with Yellow Curry Paste | Stir-fried Chicken with Curry Paste | Stir-fried Pork with Chili              | Stir-fried Baby Cabbage            | Stir-fried Pork with Basil             |
| Morning          | Stir-fried Fish with Curry Paste        | Stir-fried Fish with Black Pepper   | Chicken Coconut Milk Soup (Tom Kha Gai) | Northern Style Tomato Chili Paste  | Spicy Chinese Sausage Salad            |
| Morning          | Stir-fried Pickled Turnip with Eggs     | Pork Ribs & Radish Soup             | Stir-fried Mixed Vegetable              | Thai Pork Curry with Morning Glory | Stir-fried Zucchini                    |
| Western          | Chicken Masala                          | Grilled Fish with Garlic Sauce      | Beef Goulash                            | Spaghetti Carbonara Ham            | Fried Fish                             |
| Western          | Honey Baked Pork                        | Deep Fried Chicken                  | Baked Chicken with Pesto Sauce          | Chicken Nugget                     | Chicken Fajitas                        |
| Vegetable        | Baby Corn                               | Broccoli                            | Spinach                                 | Carrots                            | Mixed Vegetables                       |
| Potato           | Mashed Potatoes                         | Baked Potato                        | Natural Cut Potatoes                    | Maxim Potato                       | French Fries                           |
| Vegetarian       | Stir-fried Mixed Vegetables             | Chinese Style Stir-fried Noodles    | Stir-fried Vegetables in Brown Sauce    | Stir-fried Bok Choy                | Soy Sauce Stir-fried Noodles with Eggs |
| Vegetarian       | Tofu Phad Cha                           | Tofu & Pumpkin Curry Soup           | Tofu & Coconut Curry Soup               | Stir-fried Tofu with Basil         | Teriyaki Tofu                          |
| Vegetarian       | Stir-fried Zucchini with Eggs           | Stir-fried Morning Glory            | Soy Sauce Stir-fried Noodles            | Spaghetti                          | Hot & Spicy Curry Tofu Soup            |
| Vegetarian       | Gourd Soup                              | Stir-fried Tofu with Black Pepper   | Stir-fried Tofu with Ginger             | Red Sauce Tofu                     | Stir-fried Mixed Vegetables            |
| Oriental         | Braised Chicken & Gourd Soup            | Sweet Pork                          | Stir-fried Chicken with Basil           | Red Sauce Chicken                  | Stir-fried Kimchi Pork                 |
| Oriental         | Hong Kong Style Pork                    | Pumpkin & Pork Curry Soup           | Fried Pork Balls                        | Fried Turmeric Fish                | Teriyaki Chicken                       |
| Oriental         | Fish Phad Cha                           | Baked Chicken with Vegetables       | Chicken & Coconut Spicy Curry Soup      | Mixed Vegetables Sour Soup         | Hot & Spicy Curry Fish Soup            |
| Egg              | Steamed Egg                             | Omelette                            | Boiled Egg                              | Fried Egg                          | Omelette                               |
| Noodles          | Pork Sukiyaki                           | Paste of Rice Flour with Chicken    | Macaroni Soup                           | Braised Pork Noodle Soup           | Fish Maw Soup                          |