



Lunch Menu



Week day Date	Monday 23/03/2020	Tuesday 24/03/2020	Wednesday 25/03/2020	Thursday 26/03/2020	Friday 27/03/2020
Morning	Fried Egg	Fried Egg	Fried Egg	Fried Egg	Fried Egg
Morning	Stir-fried Pork with Chili	Stir-fried Basil	Sweet & Sour	Sour Curry Soup with Mixed Vegetable	Egg Fried Rice
Morning	Spicy Chicken Soup with Eggplant	Deep Fried Fish Cake	Spicy Stir-fried Pork	Stir-fried Kale	Stir-fried Pork with Basil
Morning	Stir-fried Fish with Celery	Clear Soup with Chicken Wings & Gourd	Clear Soup with Tofu	Stir-fried Chicken with Chili	Chicken Tom Yum
Western	Chicken Cottage Pie	Spaghetti White Sauce	Chili Con Carne	Spaghetti Pork Balls	Fried Fish
Western	Grilled Fish with Vinaigrette Sauce	Baked Chicken with Mushroom Gravy	Baked Chicken with Orange Sauce	Beef Stroganoff	BBQ Pork
Vegetable	Vichy Carrots	Cauliflower	Broccoli	Zucchini	Mixed Vegetables
Potato	Baked Potato	Baked Potato with White Sauce	Maxim Potato	Mashed Potato	French Fries
Vegetarian	Stir-fried Chinese Cabbage	Stir-fried Mixed Mushroom	Stir-fried Morning Glory	Stir-fried Vermicelli	Stir-fried Lettuce
Vegetarian	Stir-fried Tofu in Yellow Curry Paste	Spaghetti	Japanese Curry with Tofu	Egg Fried Rice	BBQ Tofu
Vegetarian	Stir-fried Tofu with Water Chestnut	Stir-fried Tofu with Celery	Clear Soup with Chinese Cabbage	Fried Tofu with Tamarind Sauce	Spicy Tofu Salad
Vegetarian	Sweet Stewed Eggs (Pa Lo)	Thai Curry (Kaeng Te Po)	Spicy Stir-fried Tofu	Stir-fried Tofu with Chili	Fried Tofu
Oriental	Stir-fried Pork in Yellow Curry Paste	Garlic Chicken	Clear Soup with Chinese Cabbage & Minced Chicken	Northern Style Pork Hung Lae Curry	Spicy Grilled Pork Salad
Oriental	Stir-fried Chicken with Water Chestnut	Stir-fried Fish with Celery	Red Pork with Rice	Chicken Fried Rice with Chinese Sausage	Papaya Salad with Sticky Rice
Oriental	Sweet Stewed Eggs (Pa Lo)	Thai Pork Curry (Kaeng Te Po)	Japanese Curry with Chicken	Fried Fish with Tamarind Sauce	Fried Chicken
Egg	Fried Egg	Omelette	Boiled Egg	Fried Egg	Omelette
Noodles	Noodle Soup with Chicken & Bitter Gourd	Noodle in Thick Gravy Tendered Pork	Ramen	Northern Style Noodle Soup (Khao Soi)	Minced Chicken Tom Yum