



Lunch Menu



Week day Date	Monday 16/03/2020	Tuesday 17/03/2020	Wednesday 18/03/2020	Thursday 19/03/2020	Friday 20/03/2020
Morning	Fried Egg	Fried Egg	Fried Egg	Fried Egg	Fried Egg
Morning	Stir-fried Minced Pork with Tree Basil	Spicy Stir-fried Fish (Fish Phad Cha)	Stir-fried Chinese Cabbage	Stir-fried Mixed Vegetable	Stir-fried Chicken with Basil
Morning	Stir-fried Vermicelli	Stir-fried Kale	Chicken Panang Curry	Spicy Chicken Soup with Eggplant	Stir-fried Cabbage
Morning	Clear Soup with Cabbage	Clear Soup with Tofu	Fried Pork with Garlic	Chinese-Style Stir-fried Noodles	Pumpkin Soup with Pork
Western	Chicken Lasagne	Chicken Tender	Beef Stroganoff	Pork Piccata	Fried Fish
Western	Grilled Fish with Mushroom Sauce	Spaghetti Aglio Olio	Fish Finger	Spaghetti Carbonara	Chicken Marinated
Vegetable	String Beans	Broccoli	Grilled Mixed Vegetable	Carrots	Mixed Vegetable
Potato	Baked Potato	Boiled Potato	Mashed Potato	Natural Cut	French Fries
Vegetarian	Stir-fried Tofu with Beansprouts	Vegetable Tempura	Stir-fried Morning Glory	Stir-fried Pumpkin with Eggs	Chinese-Style Stir-fried Black Fungus
Vegetarian	Baked Spinach with Cheese	Japanese Curry	Tofu Massaman	Tofu Panang	Stir-fried Tofu with Ginger
Vegetarian	Spicy Vermicelli Salad	Stir-fried Cabbage	Tofu Panang Curry	Spaghetti	Deep Fried Tofu with Gravy Sauce
Vegetarian	Stir-fried Noodles (Phad See Ew)	Spaghetti	Stir-fried Tofu with Salt & Chili	Sweet and Sour Tamarind Egg	Stir-fried Chinese Cabbage
Oriental	Soy Sauce Steamed Chicken	Fried Pork	Chicken Biryani	Soy Sauce Steamed Fish	Deep Fried Tofu with Gravy Sauce
Oriental	Spicy Seafood Vermicelli Salad	Japanese Curry	Pork Massaman	Pork Panang	Stewed Pork Leg with Rice
Oriental	Stir-Fried Noodles with Chicken (Phad See Ew Chicken)	Sweet and Sour Fish Tofu	Chicken Soup	Chicken Rice with Sauce	Stir-fried Chicken with Ginger
Egg	Omelette	Fried Egg	Steamed Egg	Sweet and Sour Tamarind Egg	Boiled Egg
Noodles	Braised Pork Noodle Soup	Sukhothai Noodle Soup	Minced Pork Tom Yam Noodle Soup	Yen Ta Fo	Rice Noodles with Chicken Curry