



Lunch Menu A



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Baked Honey Chicken	Pasta With Chicken Carbonara	Pork Balls	Baked Chicken with Black Pepper	Nuggets
Main Western	Pork Stroganoff	Grilled Fish with Tomato Basil Sauce	Spaghetti with Ham & Mushrooms	Grilled Fish with Lemon Cream Sauce	Scramble Eggs
Main Thai	Stir-Fried Chicken with Basil	Stir-Fried Chicken with Ginger	Stir-Fried Chicken with Bell Pepper	Chicken Jungle Curry	Hangley Pork
Main Thai	Thai Omelet	Red Curry Pumpkin with Pork	Pork Jab Chai	Stir-Fried Mixed Vegetables with Pork	Steamed Fish with Lime
Vegetables	Stir-Fried Morning Glory	Red Curry Pumpkin with Tofu	Spaghetti with Mushrooms	Stir Fried Tofu Sweet and Sour	Stir-Fried Chinese Cabbage with Tofu
Vegetables	Fried Tofu with Three- Flavoured Sauce	Pasta Pesco	Stir-Fried Tofu with Bell Pepper	Mac & Cheese	Stir-Fried Eggplant
Vegetables	Baked Cauliflower	Sweet Corn	Mixed Vegetables	Pumpkin	Baked Carrot
Potatoes	Mashed Potatoes	Roasted Potatoes	Natural Cut Potatoes	Rosemary Potatoes	French Fries
Noodles	Chicken Khao Soi	Stewed Chicken Noodles	Pork Ramen	Minced Pork Noodles	Suki
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream



Lunch Menu B



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Parmesan Herb Crusted Chicken	Fried Pork Cream Sauce	Baked Chicken with Onion Sauce	Cottage Pie Chicken	Honey Roasted Pork
Main Western	Grilled Fish Butter	Baked Fish with Lemon Butter	Pork Stew	Baked Fish with Spinach Cream Sauce	Fried Fish with Tartar Sauce
Main Thai	Stir-Fried Pork with Kimchi	Stir-Fried Chicken with Roasted Chilli Paste	Braised Pork Leg	Fried Boiled Eggs with Tamarind Sauce	Grilled Chicken with Sticky Rice
Main Thai	Miso Soup	Chicken Tom Kha	Boiled Egg Spicy Salad	Pork Panaeng Curry	Spicy Minced Pork Salad
Vegetables	Stir-Fried Tofu with Kimchi	Stir-Fried Tofu with Roasted Chilli Paste	Deep Fried Corn Cake	Tofu Panaeng Curry	Spicy Mixed Mushroom Salad
Vegetables	Stir-Fried Cabbage	Pasta with Garlic Butter	Stir Fried Angled Gourd with Eggs	Stir-Fried Tofu with Ginger	Papaya Salad
Vegetables	French Beans, Carrot	Broccoli, Carrot	Baked Carrot	Carrot, French Beans	Mixed Vegetables
Potatoes	Rosemary Potatoes	Natural Cut Potatoes	Mashed Potatoes	Boiled Potatoes	Baked Potatoes
Noodles	Minced Chicken Noodles	Minced Pork Silver Needle Noodles	Boat Noodles	Maccaroni Chicken Soup	Rad Na
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream



Lunch Menu C



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Pork Steak	Chicken Lassangna	Parmesan Herb Crusted Chicken	Spaghetti Chicken and Sausage with Tomatoes Sauce	Fried Chicken
Main Western	Grilled Fish with Hollandaise Sauce	Navarin Pork	Roast Pork with Raisins	Baked Fish with Butter	Fish Finger
Main Thai	Hainanese Chicken Rice	Stir-fried Rice Noodles with Chicken	Fried Fish with Garlic	Pad Thai with Eggs	Tom Zap Pork
Main Thai	Winter Melon Soup	Fried Fish with Chilli Sauce	Thai Sour Curry with Mixed Vegetables Soup	Thai Pork Curry with Morning Glory	Stir-Fried Chicken with Garlic
Vegetables	Stir-Fried Morning Glory	Stir Fried Kale with Soy Protein	Fried Tofu with Tamarind Sauce	Spaghetti with Tomatoes Sauce	Stir-Fried Glass Noodles
Vegetables	Japanese Mushroom Curry	Fried Tofu with Three- Flavoured Sauce	Chana Masala	Thai Spicy Mixed Mushroom Soup	Stir-Fried Tofu with Chili and Salt
Vegetables	Baked Cauliflower	Carrot	Sweet Corn, Broccoli	Carrot	Grilled Sweet Corn
Potatoes	Anna Potatoes	Maxim Potatoes	Boiled Potatoes	Baked Potatoes	Boiled Potatoes
Noodles	Egg Noodles with Chinese BBQ Pork	Sukhothai Noodles	Pork Udon	Tom Yum Noodles	Shredded Chicken Noodles
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream



Lunch Menu D



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Roasted Pork with Mushroom Sauce	Mac & Cheese	Pasta Aglio e Olio	Pork BBQ	Baked Chicken with Maple Sauce
Main Western	Chicken Pop	Grilled Fish Garlic Butter	Pork Stew	Baked Spinach with Cheese	Fish Finger
Main Thai	Stir-Fried Chicken with Oyster Sauce	Pork Tonkatsu	Thai Omelet with Minced Pork	Chinese Sausage Fried Rice	Grilled Chicken with Sticky Rice
Main Thai	Fried Turmeric Fish	Chinese-Styled Fried Noodle	Fried Fish with Red Curry	Chinese Cabbage and Tofu Soup	Grilled Pork Spicy Salad
Vegetables	Stir-Fried Cabbage	Stir-Fried Soy Protein with Basil	Fried Tofu with Red Curry	Stri-Fried Kale	Papaya salad
Vegetables	Green Tofu Curry	Stir-Fried Bok Choy with Tofu	Spaghetti Garlic and Mushroom	Tofu BBQ	Crispy Morning Glory Salad
Vegetables	Carrot, Broccoli	French Beans, Carrot	Grilled Mixed Vegetables	Stewed Cabbage	Mixed Vegetables
Potatoes	Anna Potatoes	Fried Potatoes	Roast Potatoeswith Butter	Potato Wedge	Roast Potatoes
Noodles	Egg Noodles with Chinese BBQ Pork	Maccaroni Chicken Soup	Vermicelli Noodles with Fish Balls	Chicken Kuay Jap	Yen To Fo
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream