



Lunch Menu A



Week day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal Biscuit / Multigrain Biscuit	Pandan Custard with Bread	Pancake	Cereal	Brownie
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Honey Mustard Roasted Pork	Chicken Nuggets	Mexican Fried Chicken	Mini Steak Burger	Chicken Pop
Main Western	Seafood Spaghetti Marinara	Roasted Chicken with Spinach & Cream Sauce	Pesto Pasta with Chicken Sausage	Baked Fish with Tomato and Basil	Baked Spinach with Cheese
Main Thai	Suki Yaki with Chicken	Sukhothai Noodles	Egg Noodles with Fishball	Braised Chicken with Bitter Gourd Noodles	Noodles with Pork in Thick Gravy Sauce
Main Thai	Stir Fried Rice Noodles with Chicken	Pork Tonkatsu	Sesame Fried Fish	Stir Fried Broccoli with Tender Pork	Spicy Boiled Egg Salad with Minced Pork
Vegetables	Vegetable Spring Roll	Miso Soup	Buttered-Braised Cabbage	Egg Fried Rice	Stir Fried Mixed Vegetables with Shitake Mushroom
Potatoes	Mashed Potatoes	Baked Potatoes	Sauteed Diced Potatoes	French Fries	Stir Fried Potatoes with Onions
Noodles	Sukiyaki	Rice Noodles Soup (Kiem Eey)	Yen Ta Fo	Chicken Khao Soi	Fish Ball
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Steamed Pumpkin in Coconut Milk		Fruits Salad		Ice Cream

A



Lunch Menu B



Week day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Sandwich Chocolate	Fresh Butter Bread	Biscuits	Pancake	Banana Muffin
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Stir Fried Macaroni with Minced Chicken	Chicken Parmesan	BBQ Pork	Chicken Nugget	Grilled Fish with Lemon & Dill Sauce
Main Western	Fish & Chips	Pork Stew	Stir Fried Fusilli with Bacon	Chicken Ham Mac & Cheese	Pork Ball
Main Thai	Pork Larb	Fried Chicken	Som Tum & Sticky Rice	Sesame Fried Pork	Chicken Panang Curry
Main Thai	Clear Soup with Tofu & Minced Pork Ball	Seafood Tom Yum	Grilled Chicken	Grilled Fish with Teriyaki Sauce	Chicken Sausage with Red Sauce
Vegetables	Stir Fried Three Kinds of Vegetables with Oyster Sauce	Grilled Mixed Vegetables	Broccoli & Carrots	Stir Fried Mixed Vegetables with Tofu	Buttered-Braised Cabbage
Potatoes	French Fries	Mashed Potatoes	Chips	Potato Fritters	Roasted Potatoes
Noodles	Pork Ball	Pho'	Rice Noodles with Marinade Pork in Gravy Sauce (Rad Na)	Tom Yum	Udon
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Coconut Jelly with Syrup		Corn Sago		Ice Cream

B



Lunch Menu C



Week day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cocoa with Puffed Rice	Custard Steamed Bun	Cereal	Chocolate Butter Cake	Croissant
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Grilled Chicken with Pepper Sauce	Chicken Parmigiana	Deep Fried Squid	Grilled Fish with Seafood Sauce	Fried Chicken with Onion Sauce
Main Western	Fried Fish with Cream Sauce	Garlic & Mushroom Pasta	Pork Navarin	Baked Corn Cheese	Ham Steak
Main Thai	Stir Fried Minced Chicken with Thai Basil	Korean Style Fried Chicken	Sweet & Sour Fish	Hainanese Chicken Rice	Chicken Soup with Potatoes & Shitake Mushroom
Main Thai	Stir Fried Rice Noodles with Pork & Black Soy Sauce	Stir Fried Glass Noodles with Pork	Fried Rice with Chinese Chicken Sausage	Mixed Proteins Spicy Salad	Spicy Grilled Pork Salad (Nam Tok Moo)
Vegetables	Egg Soup	Mixed Vegetables in Crumbs	Green Curry with Tofu	Radish & Carrot Soup	Stir Fried Morning Glory
Potatoes	Stir Fried Potatoes with Onion	Mashed Potatoes	Baked Potatoes	Sauteed Diced Potatoes	French Fries
Noodles	Tom Yum	Braised Chicken & Bitter Gourd	Pork Ball	Fish Ball	Yen Ta Fo
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Grass Jelly		Thai Water Chesnut in Coconut Milk (Tub Tim Krob)		Ice Cream

C



Lunch Menu D



Week day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Butter Chocolate Swirl Bread	Butter Cookie	Chocolate Butter Cake	French Toast	Cereal
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Chicke n Marinade	Chicken Cottage Pie	Pork Burger	Chicken Ham Carbonara Pasta	Baked Fish with Cilantro
Main Western	Aglio e Olio Pasta	Fish Nugget	Chicken New Orleans	Chicken Pop	Pork Piccata
Main Thai	Pork Palo	Thai Style Sun Dried Pork	Spicy Pork Leg Soup	Stir Fried Pork with Bell Peppers	Pork Ball Clear Soup with Glass Noodles
Main Thai	Stir Fried Fish and Ginger	Winter Melon & Shitake Mushroom Clear Soup	Stir Fried Noodles with Minced Pork	Grilled Chicken in Red Curry	Stir Fried Chicken with Water Chestnut
Vegetables	Deep Fried Corn Fritters	Stir Fried Chinese Kale with Oyster Sauce	Stir Fried Tofu with Chili Paste	Omelette	Stir Fried Mixed Vegetables
Potatoes	Sauteed Diced Potatoes	Natural Cut Potatoes	French Fries	Baked Potatoes	Mashed Potatoes
Noodles	Rolled Rice Noodle Soup	Thai Rice Noodles with Chicken Curry	Pork Ball	Fish Ball	Egg Noodles with Roasted Red Pork
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Purple Sweet Potatoes in Coconut Milk		Mixed Thai Desserts		Ice Cream

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