



Pre K / Grade 2 Menu A



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	French Toast	Butter Cookies	Marble Cake	Tuna Puff	Chocolate Stick
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Baked Honey Chicken	Pasta With Chicken Carbonara	Pork Balls	Baked Chicken with Gravy Sauce	Nuggets
Main Western	Pork Stroganoff	Grilled Fish with Tomato Basil Sauce	Spaghetti with Ham & Mushrooms	Grilled Fish with Lemon Cream Sauce	Scramble Eggs
Main Thai	Stir-Fried Chicken with Basil	Stir-Fried Chicken with Ginger	Fried Chicken Balls	Chicken Teriyaki	Fried Pork
Main Thai	Thai Omelet	Chinese Cabbage and Minced Pork Soup	Boiled Eggs	Stie-Fried Mixed Vegetables	Steamed Fish
Vegetables	Baked Cauliflower	Sweet Corn	Mixed Vegetables	Pumpkin	Baked Carrot
Potatoes	Mashed Potatoes	Roasted Potatoes	Natural Cut Potatoes	Rosemary Potatoes	French Fries
Noodles	Pork Balls Noodles	Stewed Chicken Noodles	Pork Ramen	Minced Pork Noodles	Suki
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream
Afternoon Snack	Pizza Bread Toast	Bread and Butter Pudding	Chicken Sandwich	Mini Chocolate Criosant	Pork Dumpling



Pre K / Grade 2 Menu B



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Egg Sandwich	Butter Cake	French Toast	Pineapple Puff	Cereals
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Parmesan Herb Crusted Chicken	Fried Pork Cream Sauce	Baked Chicken with Onion Sauce	Cottage Pie Chicken	Honey Roasted Pork
Main Western	Grilled Fish Butter	Baked Fish with Lemon Butter	Pork Stew	Baked Fish with Spinach Cream Sauce	Fried Fish with Tartar Sauce
Main Thai	Stir-Fried Pork with Kimchi	Stir-Fried Chicken with Onions	Braised Pork Leg	Fried Boiled Eggs with Tamarind Sauce	Grilled Chicken with Sticky Rice
Main Thai	Miso Soup	Chicken Tom Kha	Boiled Eggs	Garlic Pork	Non-Spicy Minced Pork Salad
Vegetables	Carrot	Broccoli	Baked Carrot	Carrot, French Beans	Mixed Vegetables
Potatoes	Rosemary Potatoes	Natural Cut Potatoes	Mashed Potatoes	Boiled Potatoes	Baked Potatoes
Noodles	Minced Chicken Noodles	Minced Pork Silver Needle Noodles	Boat Noodles	Maccaroni Chicken Soup	Shrimp Balls Noodles
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream
Afternoon Snack	Blueberry Danish	Minced Pork Bun	Gyoza	Oatmeal Cookies	Danish Custard



Pre K / Grade 2 Menu C



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Vanilla Muffin	Pandan Chiffon	Tuna Sandwich	Mini Criosant	Carrot Cake
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Pork Steak	Chicken Lassangna	Parmesan Herb Crusted Chicken	Spaghetti Chicken and Sausage with Tomatoes Sauce	Fried Chicken
Main Western	Grilled Fish with Hollandaise Sauce	Navarin Pork	Roast Pork with Raisins	Baked Fish with Butter	Fish Finger
Main Thai	Hainanese Chicken Rice	Stir-fried Rice Noodles with Chicken	Fried Fish with Garlic	Pad Thai with Eggs	Stir-Fried Chicken with Oyster Sauce
Main Thai	Winter Melon Soup	Fried Fish	Chinese Cabage and Minced Pork Soup	Stir-Fried Mixed Vegetables	Stir-Fried Glass Noodles
Vegetables	Baked Cauliflower	Carrot	Sweet Corn, Broccoli	Carrot	Grilled Sweet Corn
Potatoes	Anna Potatoes	Maxim Potatoes	Boiled Potatoes	Baked Potatoes	Boiled Potatoes
Noodles	Egg Noodles with Chinese BBQ Pork	Sukhothai Noodles	Pork Udon	Shrimp Balls Noodles	Shredded Chicken Noodles
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream
Afternoon Snack	Crispy Pie	Sweet Potato Balls	Cornflake Cookies	Eggs Cake	Pork Dumpling



Pre K / Grade 2 Menu D



Week Day Date	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Banana Cake	Chicken Ham Sandwich	Pancake	Mini Criossant	Carrot Cake
Salad	Salad	Salad	Salad	Salad	Salad
Main Western	Roasted Pork with Mushroom Sauce	Mac & Cheese	Pasta Aglio e Olio	Pork BBQ	Baked Chicken with Maple Sauce
Main Western	Chicken Pop	Grilled Fish Garlic Butter	Pork Stew	Baked Spinach with Cheese	Fish Finger
Main Thai	Stir-Fried Chicken with Oyster Sauce	Pork Tonkatsu	Thai Omelet with Minced Pork	Chinese Sausage Fried Rice	Grilled Chicken with Sticky Rice
Main Thai	Fried Turmeric Fish	Chinese-Styled Fried Noodle	Fried Fish	Chinese Cabbage and Tofu Soup	Scramble Eggs
Vegetables	Carrot, Broccoli	French Beans, Carrot	Carrot Sticks	Sweet Corn	Carrot
Potatoes	Anna Potatoes	Fried Potatoes	Roast Potatoes with Butter	Potato Wedge	Roast Potatoes
Noodles	Egg Noodles with Chinese BBQ Pork	Maccaroni Chicken Soup	Vermicelli Noodles with Fish Balls	Chicken Kuay Jap	Yen To Fo
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert					Ice Cream
Afternoon Snack	Crispy Pie	Eggs Tart	Sausage Roll	Samoza	Biscuits