



PK Menu



Week day Date	Monday 09/03/2020	Tuesday 10/03/2020	Wednesday 11/03/2020	Thursday 12/03/2020	Friday 13/03/2020
Morning Snack	Danish Custard & Milk	Ham Sandwich & Milk	Banana Cake & Milk	Flapjack & Milk	Pancake & Milk
Western	Breaded Fish	Baked Fish with Tomato Sauce	Chicken Nugget	Spaghetti Chicken Sauce	Fried Fish
Vegetable	Broccoli	String Beans	Cauliflower	Carrots	Mixed Vegetable
Potato	Sautéed Potato	Maxim Potato	Mashed Potato	Baked Potato with White Sauce	French Fries
Oriental	Korean-Style Pork	Garlic Fried Pork	Sweet Stewed Egg (Kai Pa Lo)	Sausage Fried Rice	Grilled Chicken
Oriental	Fried Fish with Garlic Sauce	Hainanese Chicken Rice	Stir-fried Chicken with Basil	Garlic Pork	Papaya Salad with Sticky Rice
Egg	Boiled Egg	Omelette	Boiled Egg	Steamed Egg	Scrambled Egg
Live Cooking	Chinese-Style Stir-fried Noodle	Mac N' Cheese	Phad Thai	Fish Pie	Thai Style (Korat) Stir-fried Noodle
Noodles	Ramen	Clear Soup with Egg Tofu	Clear Soup with Cabbage	Clear Soup with Seaweed	Clear Soup with Chinese Cabbage
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Afternoon Snack	Seasonal Fresh Fruits & Juice	Seasonal Fresh Fruits & Juice	Seasonal Fresh Fruits & Juice	Seasonal Fresh Fruits & Juice	Seasonal Fresh Fruits & Juice