



Morning Snack / Day	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery/Fresh Fruit				Club Sandwish	Fried Chicken with Sticky Rice
Daily Product				Whole Milk	Whole Milk
Afternoon Snack / Day					
Bakery/Fresh Fruit				seasonal fruits	seasonal fruits
Daily Product				juice	Whole Milk
Rice				Steam rice & Brown rice	Steam rice & Brown rice
Main Dish 1				Fried chicken Teriyaki	Steam fish with lime
Main Dish 2				Steamed Fish Sauce	Baked Pork with tomato sauce
Hot Soup				Spicy Pork soup	Mushroom cream soup
Egg-based Dish				Stir fried egg	Sweet and sour eggs
Vegetable 2				Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot
Special Dessert					Cold Sweet dessert



Morning Snack / Day	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery/Fresh Fruit	Banana cake	Cereal Cookie	Omelette burger	Cheese dumplings wrapped with ham	Sweet pork Sticky Rice
Daily Product	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Afternoon Snack / Day	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits
Bakery/Fresh Fruit					
Daily Product	Whole Milk	juice	Whole Milk	juice	Whole Milk
Rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice
Main Dish 1	Fish Pie	Fried chicken with chilli	stir fried pork with bell peppers	Fish sauce braised chicken	Deep fried chicken with tomato sauce
Main Dish 2	Baked Pork with Honey	Stir fried rice with eggs	Sir fried cucumber with Egg	Baked rice with Taro	Pesto Spaghetti
Hot Soup	Chinese Herbal Bamboo Pith Soup	Potato Soup	Noodles with Seafood soup and red sauce	Stir fried pork with soy sauce	Chinese raddish soup with minced Pork
Egg-based Dish	Thai Omelete	Fried Egg	Omelete with sauce	Steamed Egg	boiled Egg
Vegetable 2	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot
Special Dessert					Ruam - Mit

Morning Snack / Day	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery/Fresh Fruit	Fried Bread with Minced Pork	Steam Buns	Butter Cake	Sandwich	Pancake
Daily Product	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Afternoon Snack / Day					
Bakery/Fresh Fruit	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits
Daily Product	Whole Milk	juice	Whole Milk	juice	Whole Milk
Rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice
Main Dish 1	Baked Pork with Sauce	Deep fried chicken with lemon suace	Baked fish with butter	Grilled Pork with Honey	Deep fried fish with lemon sauce
Main Dish 2	Salmon Pie	Stir fried rice with Ham	Spaghetti with tomato sauce	Chicken with Japanese Curry	Stir fried chicken with garlic
Hot Soup	Winter Melon Soup with Chicken and shitake	Tomato Soup	Radish soup with carrot	Spinach Soup	Miso Soup
Egg-based Dish	Thai Omelet	Boiled Egg	Spicy Fried Eggs Salad	Steamed Eggs	Fried Egg
Vegetable 2	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot
Special Dessert					Lod - Chong



Morning Snack / Day	Monday	Tuesday	Wednesday	Thursday	Friday
Bakery/Fresh Fruit	Tuna Diff	Chicken Canape	Pork Sandwish Roll	Muesli	Cracker
Daily Product	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Afternoon Snack / Day	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits
Bakery/Fresh Fruit					
Daily Product	Whole Milk	juice	Whole Milk	juice	Whole Milk
Rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice
Main Dish 1	Pork Steak	Fish Croquette	Stir fried mixed vegetable	Pork Steak with Salsa sauce	Deep fried Mushroom with tamarind sauce
Main Dish 2	Tandori Chicken	Fried chicken with garlic	Deep Fried Chicken	Stir fried pork with Gimji	Steamed fish with sauce
Hot Soup	Chinese Cabbage Soup with Minced Pork	Mushroom Cream soup	Magaroni Soup	Vegetable Stew	Egg noodle with red BBQ pork
Egg-based Dish	Sweet and sour eggs	Pork and Egg Stew	Steamed Egg	Fried Egg	Scrambled eggs
Vegetable 2	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot
Special Dessert					Bua Loi



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Bakery/Fresh Fruit	Tuna Diff	Chicken Canape	Pork Sandwish Roll	Muesli	Cracker
Daily Product	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Afternoon Snack / Day	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits	seasonal fruits
Bakery/Fresh Fruit					
Daily Product	Whole Milk	juice	Whole Milk	juice	Whole Milk
Rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice	Steam rice & Brown rice
Main Dish 1	Stir fried Kale and mushroom in red sauce	Fried chicken with chilli	stir fried pork with bell peppers	Fish sauce braised chicken	Deep fried chicken with tomato sauce
Main Dish 2	Baked Pork with Honey	Stir fried rice with eggs	Sir fried cucumber with Egg	Baked rice with Taro	Pesto Spaghetti
Hot Soup	Chinese Herbal Bamboo Pith Soup	Potato Soup	Noodles with Seafood soup and red sauce	Stir fried pork with soy sauce	Chinese raddish soup with minced Pork
Egg-based Dish	Thai Omelete	Boiled Egg	Omelete with sauce	Steamed Egg	Fried Egg
Vegetable 2	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot	Broccoli / Pumpkin / Carrot
Special Dessert					Black grass jelly