

# Thai Chinese International School ( TCIS )

## Menu Snack (Breakfast - Afternoon) & Lunch at June 2022



Thai Chinese International School

Menu Lunch on June 2022

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Break (Morning)			01/06/2022 - Sweet Corn with Sugar	02/06/2022 - Tuna Buns	03/06/2022
				-Boiled Chicken with Fish Sauce 🐔 -Ivy Gourd & Minced Pork Clear Soup 🍲 -Steamed Rice -Watermelon	-American Fried Rice + Chicken Sausage 🍔 -Potato, Onion & Tomato with Shredded Chicken in Clear Soup 🍲 -Fried Egg -Cantaloupe	Day Off
	Break (Afternoon)			Dragon Fruit	Guava(Ripe)	
Week 2	Break (Morning)	06/06/2022 - Ham Cheese Sandwich	07/06/2022 - Chicken Sausage Pies	08/06/2022 - Pork Dim Sum	09/06/2022 - Minced Pork Buns	10/06/2022 - Brownies
	Lunch	-Grilled Pork with Milk 🐷 -Boiled Egg in Sweet Brown Soup -Steamed Rice -Dragon Fruit	-Egg Noodle Soup with Minced Pork & Pork Balls 🍲 -Deep-fried Crabstick 🍤 -Cantaloupe	-Deep-fried Minced Chicken 🍲 -Egg Tofu & Chinese Cabbage in Clear Soup -Steamed Rice -Watermelon	-Stewed Pork in Sweet Brown Sauce with Rice 🍲 -Ivy Gourd & Minced Chicken Clear Soup 🍲 -Boiled Egg -Cantaloupe	-Baked Pork & Cheese Steak with BBQ Sauce + Soft Roll 🍔 -Shredded Chicken & Onion in Clear Soup 🍲 -Sauteed Pumpkin & Carrot with Parsley -Apple
	Break (Afternoon)	Chinese Pear	Apple	Dragon Fruit	Guava(Ripe)	Watermelon
Week 3	Break (Morning)	13/06/2022 - Chicken Sausage Sandwich	14/06/2022 - Crabsticks Pies	15/06/2022 - Pancake + Honey	16/06/2022 - Ham Cheese Buns	17/06/2022 - Éclair
	Lunch	-Grilled Chicken with Teriyaki Sauce 🍔 -Minced Pork, Egg Tofu & Chinese Cabbage Clear Soup 🍲 -Steamed Rice -Dragon Fruit	-Stir-fried Yakisoba with Chicken 🍲 -Steamed Egg with Crabstick 🍤 -Cantaloupe	-Deep-fried Shrimp Cake 🍤 -Egg & Minced Pork Clear Soup 🍲 -Steamed Rice -Watermelon	-Fried Rice Ham & Corn 🍔 -Miso Soup with Wagame & Egg Tofu -Deep-fried Chicken Sausage 🍔 -Cantaloupe	-Spaghetti Minced Pork in Tomato Sauce 🍝 -Egg in Clear Soup -Carrot Richie -Apple
	Break (Afternoon)	Chinese Pear	Apple	Dragon Fruit	Guava(Ripe)	Watermelon
Week 4	Break (Morning)	20/06/2022 - Tuna Sandwich	21/06/2022 - Ham & Corn Pies	22/06/2022 - Custard Cream Steamed Buns	23/06/2022 - Chicken Sausage Buns	24/06/2022 - Pandan Yamroll
	Lunch	-Deep-fried Minced Pork with Garlic 🍔 -Egg & Minced Chicken in Clear Soup 🍲 -Steamed Rice -Dragon Fruit	-Ramen Soup Chicken Slide 🍲 -Deep-fried Pork Wonton 🍲 -Cantaloupe	-Stir-fried Minced Pork with Hot Basil (No Chilli) 🍲 -Boiled Egg in Sweet Brown Soup -Steamed Rice -Watermelon	-Hainanese Chicken Rice 🍲 -Egg Tofu & Chinese Cabbage in Clear Soup -Boiled Egg -Cantaloupe	-Chicken Steak with Mushroom Gravy Sauce 🍔 -Minced Pork & Mixed Vegetable in Clear Soup 🍲 -Scrambled Egg with Minced Shrimp 🍲 -Apple
	Break (Afternoon)	Chinese Pear	Apple	Dragon Fruit	Guava(Ripe)	Watermelon
Week 5	Break (Morning)	27/06/2022	28/06/2022	29/06/2022	30/06/2022	
	Lunch	Day Off				
	Break (Afternoon)					

