



Thai Chinese International School (TCIS) Child Snack & Lunch Menu December 2020



DAY	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (M)		1/12/20 Mini Chicken burger	2/12/20 Crab stick sandwich	3/12/20 Blueberry Muffin	4/12/20 Chicken Nugget
Week 1	X	Stir fried mixed veggie & mushroom Clear soup with gourd leaves & pork Stir fried egg with tomato (Scramble) Rice / Water melon	Fried seabass fillet & teriyaki sauce Clear soup with green hatch & pork Steamed egg with crab stick Rice / Chinese pear	Mini pork burger Mushroom cream soup Mixed salad Cantaloupe	Roasted chicken red sauce on rice Seaweed clear soup with fish ball Boiled Carrot & green peas Grape (Cut half)
Snack (A)		Papaya	Dragon fruit	Chinese pear	Banana
Snack (M)	7/12/20 Chocolate ball	8/12/20 Corn Dog	9/12/20 Mini Hawaiian pizza	10/12/20 Danish Ham & Cheese	
Week 2	Egg sheet stuffed with tomato fried rice Cucumber clear soup with chicken Boiled Cauliflower & Long bean Roase apple	Egg noodle soup with stew chicken Hard boiled egg Clear soup with lettuce & minced pork Rice / Apple	Stir fried broccoli with minced shrimp Stew pork with cabbage Steamed egg with minced chicken Rice / Melon	Fried sea bass with sweet fish sauce Seaweed clear soup with egg tofu Stir fried mixed vegetable soy sauce Steamed rice / Dragon fruit	X
Snack (A)	Papaya	Water melon	Guava	Cantaloupe	
Snack (M)	14/12/20 Dim-Sum Pork	15/12/20 Butter cake	16/12/20 Chicken pop	17/12/20 Mini pizza crab stick	18/12/20 Corn pie
Week 3	Stir fried egg tofu Hong Kong style Shrimp cake Clear soup with gourd leaves & omelete Rice / Water melon	U-Don with slice chicken Fried egg Mixed vegetable clear soup Rice / Guava	Stir fried minced pork with basil Fried Taiwan lettuce with oyster sauce Hard boiled egg in sweet brown soup Steamed rice / Chinese pear	Pasta Cabonara with diced pork Potato, onion & tomato soup Thai omelet / Rice Draggon fruit	Ham fried rice with egg Turnip clear soup ,dired shrimp Fresh cucumber & tomato Papaya
Snack (A)	Dragon fruit	Cantaloupe	Grave (Cut half)	Apple	Melon

