



Pk Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	23/09/2019	24/09/2019	25/09/2019	26/09/2019	27/09/2019
Morning Snack	Cookie Cornflake, Milk	Pineapple Pie, Milk	Banana Oat, Milk	Tuna Melt, Milk	Cornflakes, Milk
Main Western	Baked Pork with Honey Sauce	Grilled Fish with Garlic Sauce	Baked Chicken with Pesto Sauce	Chicken Nugget	Fried Fish
Vegetables	Baby Corn	Broccoli	Spinach	Carrots	Mixed Vegetable
Potatoes	Mashed Potato	Baked Potato	Natural Cut Potato	Maxim Potato	French Fries
Main Oriental	Chicken with Wax Gourd and Pickled Lime Soup	Sweet Pork	Fried Pork	Red Sauce Sausages	Teriyaki Chicken
Main Oriental	Hongkong Styled Pork	Baked Chicken with Vegetable	Stir-fried Chicken with Basil	Garlic Fried Fish	Pork with Japanese Sauce
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Afternoon Snack	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk