



# Pk Menu



Week day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	09/09/2019	10/09/2019	11/09/2019	12/09/2019	13/09/2019
Morning Snack	Thai Custard Bread, Milk	Sausage Roll, Milk	Mini Croissant, Milk	Carrot Cake, Milk	Cornflakes, Milk
Main Western	Chicken Lasagna	Spaghetti Olio	Fish Finger	Spaghetti Ham Carbonara	Fried Fish
Vegetables	String Beans	Broccoli	Grilled Mixed Vegetable	Carrots	Mixed Vegetable
Potatoes	Baked Potato	Boiled Potato	Mashed Potato	Natural Cut Potato	French Fries
Main Oriental	Soy Sauce Steamed Chicken	Fried Pork	Grilled Pork	Egg Fried Pork	Deep Fried Tofu with Gravy Sauce
Main Oriental	Omelette	Japanese Curry	Chicken Soup	Steamed Fish with Soy Sauce	Stewed Pork Leg
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Afternoon Snack	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk	Seasonal Fresh Fruits, Milk