

**Menu Buffet October 2017**

**Week 1(2-5)**

Food	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	<p>Parent-Teacher Conference</p> <p><b>No Students</b></p>
	Banana Roll	Sandwiches	Soft Roll	Waffle	
<b>Afternoon Skack</b>	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	
<b>Main Dish</b>	Roasted Pork 	Steamed Egg and Pork in Brown sauce 	Fried Chicken breast with fish sauce 	Herb Roasted fish 	
	Cabonara 	Fried rice with salmon 	Fried Pork Teriyaki 	Boiled chicken with fish saucek 	
<b>Noodles</b>	Spaghetti	Fried noodles with pork 	Yellow Noodle 	Over Jade Noodle 	
<b>Egg</b>	Steamed Egg		Omelet	Boiled Egg	
<b>Rice</b>	Steamed rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice	
<b>Vegetables</b>	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	
<b>Soup</b>	Soup	Soup	Soup	Soup	
<b>Fruits</b>	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	
<b>Special Menu</b>				Thai Dessert	

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Memorial Day for King Rama 9
	Sandwiches	Croissant	Corn Flakes	donut	
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	
Main Dish	Korean-style fried pork 	Fried Pork with sesame 	Fried rice with salmon 	Herb Roasted Pork 	
	Fried chicken with basil leaves 	Cabonara 	Fried Dory fish with Garlic 	Chicken sauce 	
Noodles	Long life noodle 	Fusilli 	Fried rice noodles 	Penne 	
Egg	Steamed Egg	Omelet	Boiled Egg	Scrambled Egg	
Rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice	Steamed rice	
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	
Soup	Soup	Soup	Soup	Soup	
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	
Special Menu				Thai Dessert	

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Soft Roll	Waffle	Sandwiches	Banana cake	French toast
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Steamed Egg and Pork in Brown sauce 	Herb Roasted Chicken 	Roasted Pork 	Fried Chicken 	Roasted Chicken with tomato sauce 
	Fried rice with Tuna fish 	Stir-fried Shrimp 	Fried Chicken Teriyaki 	Fried Pork with chinese moshroom 	Cabonara 
Noodles	Over Jade Noodle 	Fried noodles 	Long life noodle 	Macaroni with sauce 	Spaghetti 
Egg	Fried Egg	Steamed Egg	Boiled Egg	Omelet thai Egg	Omelet Egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert



**Menu Buffet October 2017**

**Week 4(OFF)**

<b>Food</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Morning Snack					
Afternoon Skack					
Main Dish					
Noodles					
Egg	<b>October Break - School Closed</b>				
Rice					
Vegetables					
Soup					
Fruits					
Special Menu					

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)			
	Croissant	Corn Flakes			
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)			
	Seasonal fruits	Seasonal fruits			
Main Dish	Chicken stir-fried with ginger 	Sweet pork condiment 			
	Barbecued red pork in sauce 	Steamed Chicken breast with soy sauce 			
Noodles	Long life noodle 	Over Jade noodl 			
Egg	Boiled Egg	Fried Egg			
Rice	Steamed rice	Steamed rice			
Vegetables	Mixed Vegetables	Mixed Vegetables			
Soup	Soup	Soup			
Fruits	Seasonal fruits	Seasonal fruits			
Special Menu					