

Menu Buffet March 2018

Week 1(1-2)

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
				Sandwiches	Corn Flakes
Afternoon Skack				Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
				Seasonal fruits	Seasonal fruits
Main Dish				Sweet pork condiment 	Steamed Egg and Chicken in Brown 
				Cabonara 	Stir fried salmon with ginger 
Noodles				Spaghetti 	Over Jade noodl 
Egg				Omelet Egg	Scrambled Egg
Rice				Steamed rice	Steamed rice
Vegetables				Mixed Vegetables	Mixed Vegetables
Soup				Soup	Soup
Fruits				Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

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Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Corn Flakes	Waffle	Sandwiches	French toast	pancake
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Korean-style fried chicken 	Salmon with garlic pepper 	Fried rice with Tuna 	Grilled Chicken with honey 	Calamari 
	Fried pork with basil leaves 	Roasted Chicken 	Chicken Tonkatsu with Japanese Curry 	Chicken sauce 	Stir-fried fish with sweet and sour sauce 
Noodles	Long life noodle 	Over Jade Noodle 	Fried noodles with pork 	Penne 	Yellow Noodle 
Egg	Steamed Egg	Boiled Egg	Omelet	Scrambled Egg	Omelet Thai
Rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice	Steamed rice	Steamed rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
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	Sandwiches	French toast	Pancake	Corn Flakes	Waffle
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Honey Pork Steak 	Grilled Pork 	Steamed fish with soy sauce 	Fried Pork 	Fried rice with Pork 
	Fried rice with Tuna fish 	Boiled chicken with fish sauce 	Fried rice with Shrimp 	Bake Chicken with tomato sauce 	Cabonara 
Noodles	Over Jade Noodle 	Fried noodles with pork 	Long life noodle 	Macaroni with sauce 	Spaghetti 
Egg	Fried Egg	Steamed Egg	Boiled Egg	Omelet thai Egg	Omelet Egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
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	Corn Flakes	French toast	Sandwiches	pancake	Waffle
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Deep fried minced chickenball 	Fried salmon with garlic 	Roast pork with BBQ sauce 	Deep fried tofu with gravy sause 	Fried rice with Shrimp 
	Fried smoked ham with basil leaves 	New Orleans Chicken 	Deep fried Fish with butter 	Chicken sauce 	Fried Chicken 
Noodles	Yakisoba 	Fried noodles with pork 	Long life noodle 	Penne 	Yellow Noodle 
Egg	Omelet Thai	Boiled Egg	Omelet Egg	Steamed Egg	Fried Egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
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	Sandwiches	French toast	pancake	Waffle	Corn Flakes
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Calamari 	Fried Pork 	Honey chicken Steak 	Roast Pork with 	Barbecued red pork 
	Roast Pork Potato with 	Japanese Curry with chicken 	Stir fried Fish with yellow curry 	Boiled chicken 	Fried rice with chicken 
Noodles	Over Jade Noodle 	Long life noodle 	Macaroni with sauce 	Fried noodles 	Yakisoba 
Egg	Steamed Egg	Omelet thai	Omelet	Boiled Egg	Scrambled Egg
Rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
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